

3. International Wrist Course

FESSH / Wiener Handkurse Cooperation

Wednesday, Feb 11, 2026

Registration: 8:00-9:00 h

Lectures:

Wolfgang Hintringer

09:00 - 09:15	Welcome and Introduction
09:15 - 10:00	Biomechanics of the forearm: What do I need to understand for my practice.

Hermann Krimmer

10:00 - 10:30	How can I find a proper diagnosis around the distal radio-ulnar joint?
10:30 – 10:55	Coffee break
<i>Alex Lluch</i>	
10:55 – 12:00	Do we need to treat the TFCC and if so how?
<i>Daniel Herren</i>	
12:00 - 13:00	If all fails: Salvage procedures around the DRUJ
13:00 - 13:45	Lunch break

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Hands on:

A. Böhler, D. Herren, W. Hintringer, J. Jurkowitsch, H. Krimmer, M. Leixnering, A. Lluch, C. Pezzel, S. Quadlbauer, F. Verstreken

13:45 - 16:00	Open TFCC refixation Stabilization Extensor Carpi Ulnaris
16:00 – 16:25	Coffee break
16:25 – 18:30	Ulnar shortening Adams procedure

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Thursday Feb 12, 2026

Lectures:

Josef Jurkowitsch

09:00 - 09:30	Scaphoid fractures: Still a challenge in 2025
<i>Stefan Quadlbauer</i>	
9:30 - 10:00	Scaphoid non unions: Controversis in treatment
<i>Martin Leixnering</i>	
10:00 – 10:30	Should we ever plate the scaphoid? If yes how is it best done?
10:30 - 10:55	Coffee break

Frederik Verstreken

10:55 - 12:00	New approach: Scaphoid 3D reconstruction and scaphoid implant
<i>Daniel Herren</i>	
12:00 – 13:00	Almost all will get it: CMC I Osteoarthritis
13:00 - 13:45	Lunch break

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13:45- 16:00	Scaphoid screw volar Scaphoid screw dorsal Scaphoid Plate
16:00 – 16:25	Coffee break
16:25 – 18:30	Eaton-Littler stabilization CMC I Wilson osteotomie CMC I Resection arthroplasty CMC I
19:00	Invitation to dinner

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Friday Feb 13, 2026

Lectures:

Alex Lluch

09:00 - 09:30	What wrist instabilities are relevant?
<i>Hermann Krimmer</i>	
09:30 – 10:00	SL repair: How to find the appropriate technique?
10:00 - 10:30	New SL 3D techniques: What do we know so far?
10:30 – 10:55	Coffee break

Christoph Pezzei

10:55 – 11:30	Fusion of the first carpal row: Indication and technique for RSL fusion
<i>Wolfgang Hintringer</i>	
11:30 - 12:15	Revival of the PRC versus the 4-corner fusion? Do we really need to fuse all 4 corners?
Frederik Verstreken	
12:15 - 13:00	Do we have the solution for wrist arthroplasty or is total wrist fusions still the gold standard?
13:00 - 13:45	Lunch break

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13:45 - 16:00	Wrist denervation SLtenodesis RSL fusion volar
16:00 – 16:25	Coffee break
16:25 – 18:30	Proximal Row Carpectomy Total wrist fusion
18:30	End of course